

DPL Resources

Magazines/Periodicals

7 Day Checkout Period

Chicago Magazine

January Issue includes "Top Doctors"
and other health topics

Harvard Health Letter Health

Mayo Clinic Health Letter

Men's Health

Parents

Books

Reference (In Library Use Only)

Adult Non-Fiction (3 Week Checkout)

- 610 General
- 611 Anatomy
- 612 Physiology
- 613 Health & Safety
(diet, nutrition, fitness)
- 614 Prevention of Disease
- 615 Pharmacology & Therapeutics
(alternative medicine, gluten free)
- 616 Diseases
- 617 Surgery
- 618 Gynecology, Obstetrics,
Pediatrics & Geriatrics

Access Magazines or Books

Through *Encore*, DPL's catalog

From home, www.deerfieldlibrary.org

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encore ▶ nutrition [Advanced Search](#)

In Library

Search:

Personal Health Records (PHR)

PHR A computerized application that stores an individual's personal health information. Could include the following:

- Laboratory results
- Medications
- Allergies and adverse drug reactions
- Vaccinations
- Surgeries and procedures

EHR Electronic Health Record legally mandated notes on the care provided.

Types Paper
Portable Storage

- CDROM, DVD, USB flash drives, and Internet
- Subscription (free and pay sites)
- Most popular
 - Google Health
 - Microsoft HealthVault

More Information

myphr.com

medlineplus.gov

go to *Health Topics* then *P* under
Personal Medical Records

Mobile Applications (Apps)

Software that runs on a handheld device such as a smartphone.

Medical

- CPR & Choking Free
- Epocrates Rx Free & Pay Version
(drug interactions, Pill ID, calculations)
- Eponyms Free
(describes diseases named after people)
- WebMD Mobile Free

Fitness and Diet

- Body Fitness Free
(detail and picture of exercise)
- CalorieCheck \$.99
(nutrition information)
- MyNetDiary Free & Pay Version
(chronicle your food intake, nutrition summary)

The Informed Patient

An Introduction to Online Health Resources



Deerfield Public Library

920 Waukegan Rd
Deerfield, IL 60015
847.945.3311

Reference

reference@deerfieldlibrary.org
847.580.8933

Internet Resources

DPL Online Resources

Access from DPL's homepage,
www.deerfieldlibrary.org



- Includes relevant Topics, A to Z index, News, Blogs and Videos.
- Quick Guide to ratings for products, hospitals, conditions & treatments and insurance.

Facts On File

ISSUES & CONTROVERSIES

- Access through the *Subject Index* under *Medicine/Health*
- Offers in-depth articles on controversial topics.

Facts On File

TODAY'S SCIENCE

- Access through the *Subject Index* under *Health*.
- Explains important developments on popular topics.



- Access full-text articles from numerous health and medical publications.
- Browse by subject, publication or an advanced search.
- Narrow by full-text or peer-reviewed publications.

Websites

Local Resources

IL Department of Healthcare and Family Services

Offers links to agencies, child support information, medical and pharmacy programs and much more!
hfs.illinois.gov

IL Department of Public Health

Provides links to various registries and agencies along with A-Z topics, health fact sheets, publications and news releases.
www.idph.state.il.us

IL Department of Professional Regulation

Look up the license of your doctor, nurse or other professional to be sure the license is current and if they have had any disciplinary action!
www.idfpr.com/pdr/

IL Healthcare Portal

One stop sign-up for affordable healthcare programs, screenings and prescriptions.
health.illinois.gov

Lake County Health Center

Lists services A to Z, resources for all ages, publications, "I want to" find, learn or get information plus tips, alerts and more!
lakecountyil.gov/health/

General Sources

American Academy of Physicians

familydoctor.org

Centers for Disease Control and Prevention

cdc.gov

Harvard Medical School—Consumer Information

hms.harvard.edu/public/consumer

Mayo Clinic

mayoclinic.com

Med Help International

Includes Spanish and other international forums.
medhelp.org

Medline Plus

medlineplus.gov

National Library of Medicine—Drug Information

druginfo.nlm.nih.gov

Northwestern Memorial Hospital

nmh.org/nm/health+library

USA.gov—Health and Nutrition

usa.gov/Citizen/Topics/Health.shtml

U.S. Department of Health & Human Services

healthfinder.gov

U.S. National Institutes of Health

clinicaltrials.gov

WebMD

webmd.com

Specialty Sources

Administration of Aging

www.aoa.gov

American Academy of Child & Adolescent Psychiatry—Mental & Learning Disabilities

aacap.org

American Academy of Pediatrics—Children

aap.org

American Diabetes Association

diabetes.org

Asthma and Allergy Foundation of America

aafa.org

Dept of Health & Human Services—Women

womenshealth.gov

Dept of Health & Human Services—Girls

girlshealth.gov

Medicare

medicare.gov

National Cancer Institute

cancer.gov

National Institute of Mental Health

nimh.nih.gov

National Institutes of Health —Senior Health

nihseniorhealth.gov

National Center for Complementary and Alternative Medicine

nccam.nih.gov

U.S. Food and Drug Administration

Covers drugs, medical devices and vaccines.

www.fda.gov