

WHAT SHOULD YOU DO TO PREVENT SEXUAL ASSAULT?

- Always be aware of your surroundings.
- Stay in well-lit areas as much as possible.
- Walk confidently, directly and at a steady pace.
A rapist looks for someone who appears vulnerable.
- Walk on the side of the street facing traffic.
- Walk close to the curb. Avoid doorways, bushes and alleys where rapists can hide.
- If you think you are being followed, walk quickly to areas where there are people and lights. If a car appears to be following you, turn and walk in the opposite direction or walk on the other side of the street.
- Be careful when people stop you for directions or money. Always reply from a distance and never get too close to the car.
- If you are in trouble or feel you are in danger, don't be afraid to attract help any way you can. Scream, yell or run away to safety.
- Always lock your car. Keep your car locked when you are away from it to keep someone from hiding and waiting inside.
- When you are inside the car, lock the doors for safety.
- Look inside and around your car before you get in.
- Be aware of other people in parking areas, especially those close to you vehicle.
- If you think you are being followed, drive to a public place or a police station to get help.
- If your car breaks down, open the hood or attach a white cloth to the antenna. If someone stops to help, stay inside your locked vehicle and ask them to call the police.
- If you choose to carry any type of weapon for self-protection, give careful consideration to your ability and willingness to use it.

Remember there is always the chance that it could be taken away and used against you.