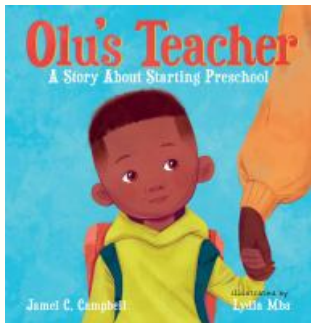


Preschool Pages: Back-to-School Edition

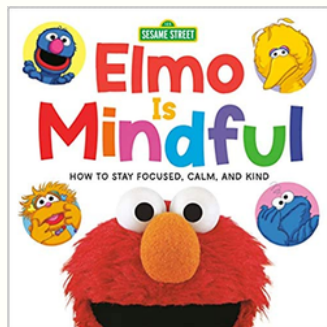


*Book Recommendations, Early Literacy Tips, and More
from the Deerfield Public Library Youth Services Department*

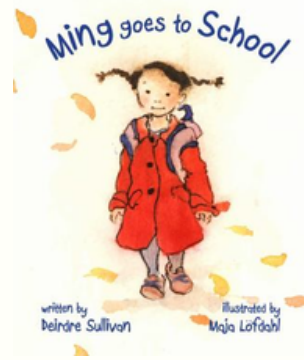
Book Recommendations



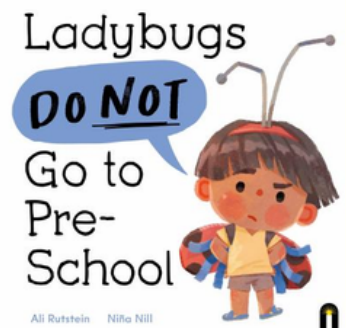
Like many kids, Olu is nervous for his first day of school. But he's specifically worried about who his teacher will be. Will they be nice? Will they have teeth like a T-Rex?! Olu's parents help reassure him before his first day, and Olu gets a joyful surprise when he arrives at preschool. A great reminder of how tough it can be to meet a new adult for adults working with kids, too!



Elmo introduces simple and helpful mindful techniques in this book. He, along with other beloved Sesame Street characters, goes through relatable situations and then shows some strategies to try, such as belly breathing, hugging yourself, and using a glitter jar. A helpful resource during a time full of changes!



Ming's time at preschool is described in simple sentences, accompanied by soft watercolor art. From making friends to playing pretend, Ming enjoys her time at school. However, the big red slide is just beyond her capability until that magical day when she tries it with a huge smile! Perfect to pair with [Jabari Jumps!](#) by Gaia Cornwall.



New things are daunting, and Ravi is quite certain that ladybugs do not go to preschool! A patient and encouraging mom, and a similarly creatively dressed group of friends-to-be, help Ravi realize that preschool might just be the perfect place for a ladybug! An empowering story for those little ones who might be feeling a bit afraid as well.



This simple and sweet board book is a perfect read aloud on the first day of school! Saks celebrates all the different people who make a school a true community.

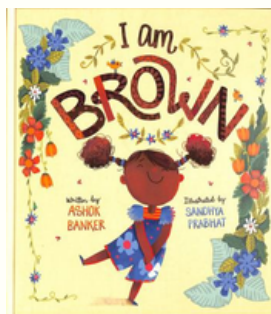
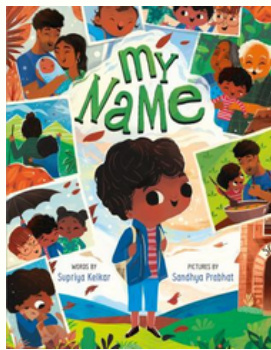
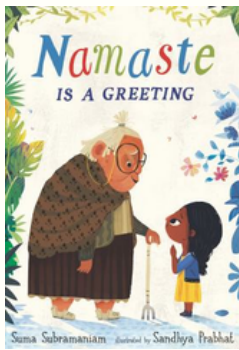


David is a boy with flowers in his hair and a very caring best friend. When David starts to lose his petals, his friend comes up with a creative, handmade solution. This beautiful book celebrates friendship, acceptance, and kindness and offers a perfect lesson on how to be present for friends who are struggling.

Author/Illustrator Spotlight

SANDHYA PRABHAT

Sometimes an author or illustrator has so many great titles, we wish we could name them all! This month, we want to highlight the work of Sandhya Prabhat. The digital illustrations that Prabhat creates are colorful and energetic, adding a vibrant and lively element to the written word.



Beyond the Book!

New changes and big transitions can be scary and overwhelming. Luckily, like Elmo is Mindful, more and more books are being published offering strategies to kids who feel anxious or need help to process their feelings. Ask us at the Youth desk for more suggestions! It's also helpful to practice these scenarios with your child. Pretend play is a great opportunity to walk through what your child can do in specific situations. Then, if they feel overwhelmed in the moment while at preschool, they can use one of the mindfulness skills they practiced.

The Boy with Flowers in His Hair shows a friend using creativity to solve David's problem. Handmade kindness can also lift spirits! Talk with your child about a friend, neighbor, or family member who might need some cheering up. Use crayons, markers, or paint to create something like a handmade card or original piece of art. Collage art can feature recycled mailers or outdated magazines, which is kind to the earth as well as the recipient!

